

## Kalusugan Coalition at Philippine Parade in New York

Written by Administrator  
Thursday, 15 June 2017 13:40

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**Kalusugan Coalition and Philippine Nurses Association NY pictured with 2017 PIDCI President Dr. Prospero Lim at the Philippine Independence Day Parade in New York on June 4, 2017.**

Kalusugan Coalition (KC) participated at the Philippine Independence Day Parade held at Madison Square Park in New York on June 4, 2017.

KC's Outreach to the Filipino-American community was in cooperation with the Philippine Nurses Association NY (PNA NY) who handled the First Aid services at the event and the Department of Health (DOH) with its Tuberculosis Outreach to Filipinos.

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KC at the event disseminated heart health information about low salt diet, healthy eating and did blood pressure monitoring at the booth.

KC wants our Filipino community to be healthier and to take care of their hearts.

KC's Year 3 partnership with New York University Center for the Study of Asian American Health's REACHFAR Project in Fighting High Blood Pressure and Cardiovascular Disease in the Asian-American community is going strong.

Our partners faith-based organizations: Seventh Day Adventist Bayanihan Church, Elmhurst Baptist Church and Yeshua Worldwide Ministries are committed to offering healthy food during communal meals and blood pressure monitoring program called Keep on Track.

Filipino restaurant partners: Payag Restaurant, Tito Rad's and Kabayan Restaurant all located in Woodside, Queens, N.Y. strive to modify menu to reduce salt intake to prevent hypertension among the Filipino community.

KC is a multidisciplinary collaboration dedicated to creating a unified voice to improve the health of the Filipino-American community in the New York/New Jersey area.

The KC's Philippine Parade Outreach was led by Rebecca Robinson, Program Manager; Pacita Valdellon, Program Coordinator; Luis Pedron, Communications; and KC volunteers: Diana Wong, Roseanne Hernandez, Valentina D'Ambrosio, Rosemary Adlaon and Evelyn Antero.

For information:

[www.kcforhealth.org](http://www.kcforhealth.org) [www.facebook.com/kalusugancoalition](http://www.facebook.com/kalusugancoalition)

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#KCREACHFAR



**Kalusugan Coalition reminds Filipinos to be heart healthy at the parade.**